

# MEG'S MONTHLY MEAL PLAN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 3
	4	5	6	7	8	9 10
Maple Salmon Potato Green Beans	Beef Enchilada Black Beans Corn		Balsmic Chx Rice Asparagus	Mostaccioli Garden Salad Garlic Brd		
	11	12	13	14	15	16 17
Mother's Day	Pasta Primavera Salad	Beef w/ Broccoli Rice	Fish Tacos Pinto Beans	Chicken Salad Spring Mix		
	18	19	20	21	22	23 24
	Lemon Chicken Orzo Salad	Meatball Sub Oven Fries Fresh Veggies	Pork Chops Mashed Potato Broccoli	Grain Bowl		
	25	26	27	28	29	30 31
	BBQ Pork Fries Green Beans	Turkey Gyro Cucmber Salad	Pesto Shrimp w/ Pasta	Grilled Cheese Soup		

## NOTES

May 5: Cinco De Mayo    May 11: Mother's Day    May 26th: Memorial Day

